



Kara Ieva, Ph.D.

Dr. Kara Ieva is an Associate Professor in the Counseling in Educational Settings program at Rowan University. In addition to her current position in Counselor Education, her educational career spans over 20 years as a former Spanish teacher and professional school counselor.

She received her Bachelor of Arts degree in Spanish Secondary Education and Masters of Education in Secondary Education Curriculum and Administration from Towson University. Additionally, she earned her Masters of Education in School Counseling from Loyola College in Maryland and her PhD in Counselor Education for the University of Central Florida.

Kara's areas of research interest include promoting equity and wellness in education for children and adolescents of marginalized populations: in the areas of college and career readiness, social/emotional development, and group counseling. She provides professional development to K-12 school counselors, teachers, and administrators on how to embed social/ emotional development into curricula and strategies for cultivating a safe and welcoming mental health and neurodiverse culture in schools.

Kara holds multiple leadership positions for national and state professional counseling organizations. She serves on the editorial review board for Professional School Counseling Journal published by the American School Counselor Association (ASCA).

Dr. Ieva's scholarship includes multiple peer review articles, book chapters, newsletter and magazine articles, and technical writing/evaluation reports. Further, she serves as the principal investigator, project director, and Director of Academic and Student Services for the Rowan University's pre-college access programs that aid first generation and under-resourced college students in post-secondary preparation in Science, Technology, Engineering and Education, Arts, and Mathematics (STE2AM). Lastly, she serves as the evaluator on multiple National Science Foundation (NSF) grants.